

# MT VAN HOEVENBERG, LAKE PLACID, USA

UCI CROSS-COUNTRY OLYMPIC WORLD CUP ROUND 8
UCI CROSS-COUNTRY SHORT TRACK WORLD CUP ROUND 8
UCI CROSS-COUNTRY MARATHON WORLD CUP ROUND 3

27-29TH SEPTEMBER 2024

**Version 5** 

27/09/2024





Updated v4

Updated v4

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### **CONTACTS**

#### **01.1** SERIES AND LOCAL ORGANISER CONTACTS

#### **WBD Sports**

- Endurance Coordinator: Paul Beales <u>paul.beales@wbd.com</u>
- Team and Athlete Services: Kerry Duncan, Beth Crumpton & Emma Smith cycling.athletes@wbd.com
- Teams Contact: Beth Crumpton cycling.teams@wbd.com
- Media Inquiries/ Accreditation: cycling.media@wbd.com

#### **Local Organising Team**

- General Director: Jeremy Freeman jfreeman@orda.org
- Event Director: Kris Cheney Seymour kcheneyseymour@orda.org
- Sport Director: Allan Serrano aserrano@orda.org
- Race Office Manager: Catherine Leist cleist@orda.org
- Paddock Areas: Kyle Penny kpenny@orda.org
- Accommodation: Laura Ferranti Iferranti@orda.org
- Press Media Director: Darcy Norfolk dnorfolk@orda.org

#### 01.2 WEBSITES AND SOCIALS

#### **WBD Sports**

- Website: www.ucimtbworldseries.com
- Instagram: @uci\_mtbworldseries
- X: <u>@MTBworldseries</u>
- Facebook: UCI Mountain Bike World Series
- YouTube: @uci\_mtbworldseries

#### **Local Organising Team**

Website: https://mtvanhoevenberg.com/uci

Instagram: @mt.vanhoevenberg

X: @LPLegacySites

Facebook:https://www.facebook.com/VanHoevenberg

YouTube: https://www.youtube.com/@lakeplacidlegacysites









### **02.1. SCHEDULE**

## **!UCI MOUNTAIN BIKE**WORLD SERIES

		LAK	E PLACID - SCHEDULE
	00.00 40.00		T. LOU. L. VOONGO TIU.
V-1105/00/04	09:00 - 12:00		Track Closed - XCO/XCC TV Inspection
Vednesday 25/09/24	10:00 - 12:00		Track Closed - XCO/XCC UCI Inspection
	17:00		Meeting w/ LOC UCI WBD
	08:15 - 09:00		Rider Confirmation - UCI Elite MTB Teams
	09:00 - 09:45		Rider Confirmation - UCI MTB Teams
	09:45 - 10:00		Rider Confirmation - National Federations
	10:00 - 13:00	VOL	Rider Confirmation - All Riders
hursday 26/09/24	10:00	XCM	XCM UCI Inspection
	11:00 - 13:00	xco	Training - Men only
	13:00 - 15:00	XCO	Training - All riders
	15:00 - 17:00	XCO	Training - Women only
	17:00 - 18:00		Press Conference
	18:00		Meeting w/ LOC UCI WBD
	08:00 - 10:00		Final Rider Confirmation - All Riders
	10:00 - 12:00	XCM	Rider Confirmation - All Riders
	09:00 - 10:00	XCO	Training - Men only
	10:00 - 11:00	XCO	Training - All riders
riday 27/09/24	11:00 - 12:00	XCO	Training - Women only
iluay 27/09/24	12:45-13:45	XCC	Training - U23 only
	14:00	XCC	RACE: World Cup Cross-Country Short Track - Women U23
	14:35	XCC	RACE: World Cup Cross-Country Short Track - Men U23 Followed by the awards ceremonies
	15:30 - 16:15	хсо	Training - All riders
	17:00		Meeting w/ LOC UCI WBD
	08:15	XCM	RACE: Cross-Country Marathon - Open
	8:30 - 10:00	XCO	Training - All riders
	09:00 - 11:00	XCM	Final Rider Confirmation (World Cup) - All Riders
	10:15 - 11:15	XCC	Training - Elite only
	11:30	XCC	RACE: World Cup Cross-Country Short Track - Women
aturday 28/09/24	12:05	xcc	RACE: World Cup Cross-Country Short Track - Men Followed by the awards ceremonies
	13:30 - 14:15	xco	Training - All riders
	14:30	хсо	RACE: World Cup Cross-Country Olympic - Women U23 Followed by the awards ceremony
	16:00	хсо	RACE: World Cup Cross-Country Olympic - Men U23 Followed by the awards ceremony
	18:00		Meeting w/ LOC UCI WBD
	07:45	XCM	RACE: World Cup Cross-Country Marathon - Women
	08:55	XCM	RACE: World Cup Cross-Country Marathon - Men
	09:15 - 10:15	XCO	Training - All riders
unday 29/09/24	11:30	хсо	RACE: World Cup Cross-Country Olympic - Women Followed by the awards ceremony
	13:00 - 13:45	хсм	RACE: Finish of top 3 Men and Women
	14:00	XCO	RACE: World Cup Cross-Country Olympic - Men Followed by the awards ceremonies including XCM, Team Overall & Team of the Day









### **03. RACE ENTRIES**

#### **03.1 RIDER REGISTRATION**

All registrations for UCI Cross-country Olympic and Marathon World Cup categories will need to be made on the <a href="https://www.ucimtbworldseries.com">www.ucimtbworldseries.com</a> website by UCI Teams and National Federations only.

All UCI Teams can manage their entries within their individual accounts. National

Federations can also manage federation accounts and **privateer riders will need to register with their National Federation first**, payment then can be made online.

Qualification criteria can be found <u>here.</u> For the ranking and entry close dates, please see <u>here</u>.

No late entries will be accepted.

DEADLINE FOR ENTRIES IS 12:00 CET FRIDAY 20th SEPTEMBER.

Registration for Open Marathon can be made on the LOC's website.

#### 03.2 RACE LICENCES

All riders must hold a valid (in date) UCI licence issued by their National Federation.

#### 03.3 ENTRY FEE'S

UCI Cross-Country World Cup: € 150.00

UCI Cross-Country Marathon World Cup: € 150.00

Open Marathon: Variable (please refer to the LOC's website)

No payment option will be available on-site – all payment must be completed online.

No payment, no entry.

Please ensure you familiarise yourself with the terms and conditions of entry.

#### 03.4 RIDER CONFIRMATION & PLATE COLLECTION

LOCATION - Mountain Pass Lodge (Ground floor) Google Maps / What3 Words

WBD On-Site Contact – Beth Crumpton

Managers/coaches/parents can collect packages on behalf of racers, providing;

The rider's license is presented

#### **CONFIRMATION SCHEDULE**

Thursday 26th September

08:15 - 09:00 : UCI Elite MTB Teams

09:00 - 09:45 : UCI MTB Teams

09:45 – 10:00 : National Federations

10:00 – 13:00 : All riders

Friday 27th September

08:00 – 10:00 : XCO only Final rider confirmation – All riders

10:00 - 12:00 : XCM Rider confirmation

Saturday 28th September

09:00-11:00 : XCM only Final rider confirmation

Check in Deadline: Rider's who have not collected their plate/ checked in by 10:00 Friday (XCO) or 11:00 Saturday (XCM) will not be included on the Start List.

Altering, cutting, blocking with a computer device or placing of unauthorized stickers or sponsor logos on race number plate is not permitted.





### **ACCREDITATION & DISCLAIMERS**

#### 03.5 TEAM AND RIDER EVENT ACCREDITATION

All UCI Teams/ Federations (elite UCI team riders and all staff) should bring their WHOOP UCI Mountain Bike World Series season passes to use on site.

All UCI team riders, federation riders, privateer riders + one support staff member will receive accreditation from the LOC as below.

Riders will be provided with a wristband that will be used as a credential at Rider Confirmation.

Team Staff without season passes will be provided with accreditation and Feed Zone pass at Rider Confirmation.

Note that beginning on Friday, , access to the venue is controlled to ticketed and credentialed persons only. Riders and staff who will arrive on Friday or Saturday will be stopped and theirs will be check against a list of rider registrations at a vehicle check point and ticket check point to access the Rider Confirmation. All vehicles must display their vehicle access passes from 06:30 Friday, Saturday and 06:00 Sunday.

#### ACKNOWLEDGEMENT OF RISK - IMPORTANT!

All athletes must sign an acknowledgement of risk form for venue and USA Cycling before their race plate is released. The venue form can be signed electronically <a href="Maiver (1risk.net">1Waiver (1risk.net)</a>. The USA Cycling form must be signed in person at rider confirmation.

#### 03.6 INSURANCE

Personal insurance coverage is not provided by the WBDS/Organisers.

Racers are responsible for securing their own accident, rescue, health, travel, property and liability insurance.

Racers should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

#### 03.7 DISCLAIMER AND LIABILITY RELEASE

Racers voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.



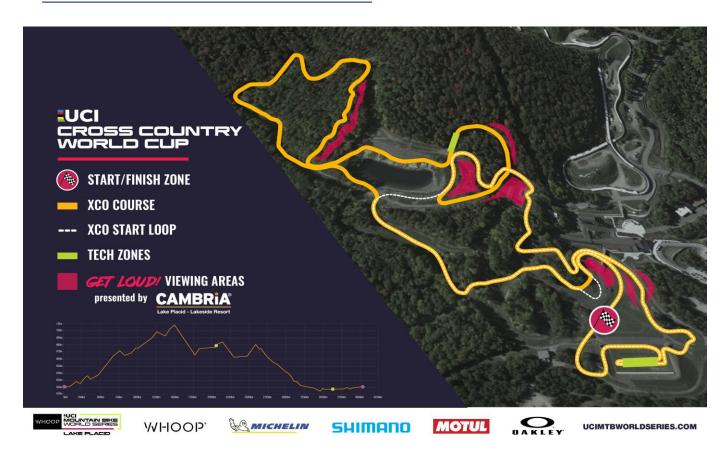




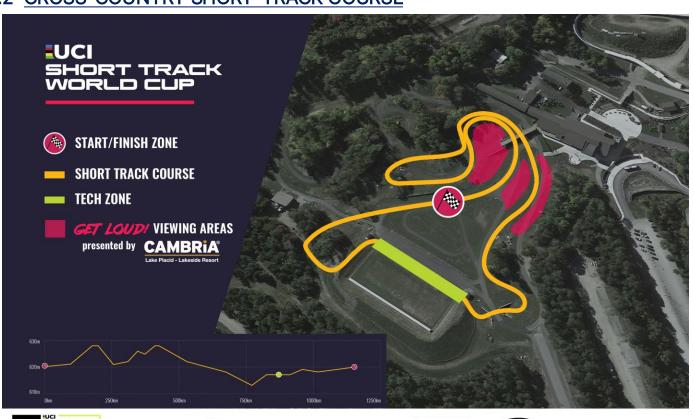


### **COURSE MAPS**

#### 04.1 CROSS-COUNTRY OLYMPIC COURSE



#### 04.2 CROSS-COUNTRY SHORT-TRACK COURSE







### **ON-SITE RACE LOGISTICS**

#### 04.3 TRAINING

TRAINING SCHEDULE: As per the official schedule in 2.1.

All riders must display their handlebar number during training sessions.

Camera's are permitted for use on the helmet as per the UCI regulations, no chest mounts are permitted.

Team plates have been allocated for the season not exceeding the following allocation.

- UCI Elite MTB Team 2 Team Plates
- UCI MTB Team 1 Team Plate
- National Federations 1 Team Plate

Any coaches of a national team who has not been issued a season plate must request a handlebar number, must hold a licence and wear a helmet at rider confirmation.

The course will be <u>closed</u> for TV inspection on Wednesday 25th September 12:00 – 14:00. The course will be closed for UCI inspection on Wednesday 25th September 15:00 – 17:00.

#### 04.4 TIMING CHIP COLLECTION

Timing system: Chronorace

Racers must carry their Timing Chips on their bike.

Timing Chips can be collected between 90 - 30 minutes before the start of each race and available from the Timing tent on the day of the race.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will be invoiced 100 euros.

#### 04.5 PRIZE MONEY COLLECTION

Please follow the below process to claim your prize money if you place Top 10 in Elite Men and Women XCC and XCO, as well as Top 10 in U23 XCO and Top 5 in XCC U23 XCC.

Main point of contact - Catherine Leist - cleist@orda.org

Prize money will be paid by the local organising team by wire transfer only, following the publication of the official results, please report to the LOC office to confirm your banking details and sign for your prize money.





### **ON-SITE RACE LOGISTICS**

#### 04.6 ANTI-DOPING

Anti-Doping location: Ground floor of Mountain Pass Lodge Google Maps / What3 Words

WBDS will follow all <u>ITA</u> rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.









### **MAPS**

### 5.1. UCI CROSS-COUNTRY MARATHON COURSE MAP



3 x Laps - 33.3km (Total distance 99.9km)

Strava course map for export

https://www.strava.com/routes/3266375451281980582





#### **5.2. FEEDZONE INFORMATION**

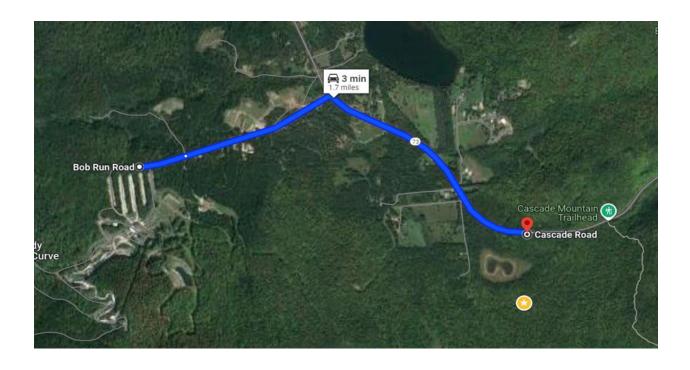


Feed-zone 1 13km, 46km, 79km

#### https://maps.app.goo.gl/ubvZHgV85m9ZvoEPA

Follow the route below from the team parking area to a private road, follow the private road for 700m where you can park, then follow the XCM course for approximately 200 m to the Tech Zone.

The private road is only suitable for a small vehicle. There is a parking area at the start of the road that should be used if your vehicle is not suitable. Signs will indicate the route from the start of the private road.







#### **5.2. FEEDZONE INFORMATION**

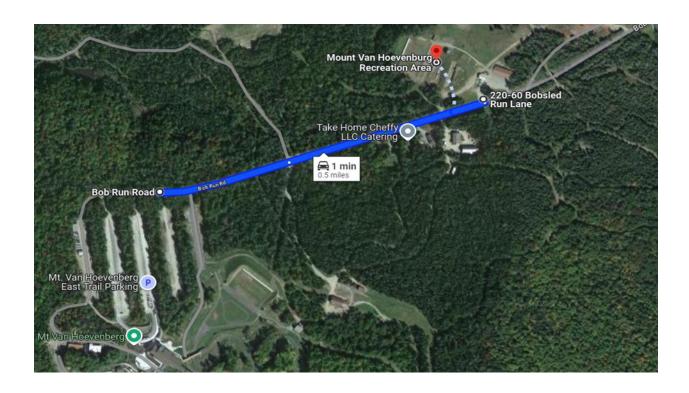
Feed Zone 2 18km, 52km, 85km

Feed Zone 3 32km, 65km, 99km

https://maps.app.goo.gl/9HXigrGmjWKjAaEn9

Tech Zones Two and Three are adjacent to each other in the old biathlon range, one kilometre from the Team Parking area. See map below.

There is parking adjacent to the Tech Zone.







### **ON-SITE RACE LOGISTICS**

#### 05.3 TRAINING

Training is permitted on the UCI Cross-Country Marathon course at no indicated time window, accept within the Cross-Country Olympic venue, no training is permitted on the XCO course without a race plate and only within the XCO course training times.

#### 05.4 TIMING CHIP COLLECTION

Timing system: Chronorace

Racers must carry their Timing Chips on their bike.

Timing Chips will be distributed with your race plate on the back of your number plate, these will be one use chips.

Trackers will be distributed between 90-30minutes of the start.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will be invoiced 100 euros.

#### **05.5 PRIZE MONEY COLLECTION**

Prize money will be paid by the local organising team. Please follow the below process to claim your prize money if you place Top 10 in Elite Men and Women XCM only.

Main point of contact - Catherine Leist - cleist@orda.org

Prize money will be paid by the local organising team by wire transfer only, following the publication of the official results, please report to the LOC office to confirm your banking details and sign for your prize money.





### **ON-SITE RACE LOGISTICS**

#### 05.6 ANTI-DOPING

Anti-Doping location: Ground floor of Mountain Pass Lodge Google Maps / What3 Words

WBDS will follow all <u>ITA</u> rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.









### **TEAM PADDOCK PROCEDURES**

#### **06.1 TEAM AREA ACCESS**

#### MAIN POINT OF CONTACT ON-SITE

Kyle Penny (LOC Sport Manager) - (+1) (518) 637-9989 - Kpenny@orda.org

#### PADDOCK CHECK-IN

Access to the venue is via Bobsled Run Lane & Bob Run Road <u>here</u>.

Cabin 1 is in the expo village area, Located behind the SRAM paddock space.

What3 Words location - ///union.stunningly.sock

Please respect your selected arrival time within your booking form noted within the Team Paddock Arrival guide.

#### PADDOCK VEHICLE RESTRICTIONS

Access to the paddocks by vehicle will not be possible between the below hours/ days. Friday -09:00-17:00Saturday -09:00-17:00Sunday -09:00-17:00

All persons and vehicles entering the venue from 26-28 September will be screened.

The infield including the 'Main paddock area' has lots of underground cables across the site and we would like to advise that extra caution should be taken when putting anything into the ground, for example large tent stakes etc. Normal procedure would be to ask the LOC to provide a CAT (cable avoidance tool) to scan the area you plan to position any tents or if fixing things down, if unsure please ensure you ask within the Paddock Office.

#### 06.2 ADDITIONAL TEAM AND ATHLETE PARKING

Teams parking is available in Lot A & Lot B.

Please note the following allocation of parking permits will be made available, any additional passes will be charged.

UCI Elite Teams = 3 Passes UCI MTB Teams = 2 Passes National Federations = 2 Passes

Additional passes available for \$20 (€18) per day. Extra passes are available at Paddock Check In.

Vehicle passes will be required to access the venue and designated parking lots from Friday to Sunday from the following hours

Friday; 07:00 Saturday: 06:30 Sunday: 06:00

### 06.3 TEAM DE-RIG AND DEPARTURES

All teams must not de-rig or depart their Team Paddock until 16:00 Sunday 29th September, any early departures will be charged a €1,000 penalty fine.

Should you wish to cancel your paddock, this can be made by 17:00 (local time) Wednesday 25th









<b>TRAVEL</b>	& ACCOMMODATION
	O7.1. INTERNATIONAL AIRPORTS  Montréal-Trudeau International Airport <a href="https://www.admtl.com/en">https://www.admtl.com/en</a> Patrick Leahy Burlington International Airport <a href="https://www.btv.aero/">https://www.btv.aero/</a> Plattsburgh International Airport <a href="https://www.flyplattsburgh.com/">https://www.flyplattsburgh.com/</a> Albany International Airport <a href="https://www.albanyairport.com/">https://www.albanyairport.com/</a>
	O7.2. TRAVEL BY CAR The venue address is 31 Van Hoevenberg Way, Lake Placid NY 12956 From the Village of Lake Placid - follow Route 73 (Cascade Highway) south for 8 mi (12.8 km). From Montreal (2 hours drive) – Cross the USA/Canada border at Champlain NY, US Interstate 87 to Exit 34 to NY Route 9N south to Keene Valley, then Route 73 north to Bobsled Run Road. From New York City area (5 hours Drive) – Take US Interstate 87 north to Exit 30, then NY Route 9 to NY Route 73 to Bobsled Run Road.
	07.3. TRAVEL BY PUBLIC TRANSPORT No public transport is available.
<u> </u>	O7.4. VISA INFORMATION  To check if your nation requires a visa for entry to the United States, please visit the Department of State website. Contact events@orda.org to request a visa letter from the Organizing Committee.  It is advised participants/teams should have proof of entry and a list of equipment they are bringing in and can declare that such equipment is for their use and will exit the U.S. with the athlete when they depart the U.S. at the conclusion of the competition.  ArriveCAN  If you are arriving in Canada, this app can be used on your mobile device prior to arriving in Canada to upload your customs declarations and other required documents. This will help to have a faster customs experience.
	O7.4. ACCOMODATION  Golden Arrow Lakeside Resort- Lake Placid, NY <a href="https://www.golden-arrow.com/">https://www.golden-arrow.com/</a> Crowne Plaza Lake Placid- Lake Placid, NY <a href="https://www.ihg.com/crowneplaza/hotels/us/en/lake-placid/lkpny/hoteldetail">https://www.ihg.com/crowneplaza/hotels/us/en/lake-placid/lkpny/hoteldetail</a> Hampton Inn and Suites- Lake Placid, NY <a href="https://www.hilton.com/en/hotels/lkpmlhx-hampton-suites-lake-placid/">https://www.hilton.com/en/hotels/lkpmlhx-hampton-suites-lake-placid/</a> High Peaks Resort- Lake Placid, NY <a href="https://www.highpeaksresort.com/">https://www.highpeaksresort.com/</a> Cambria Hotel- Lake Placid, NY <a href="https://www.grandadirondack.com/">https://www.grandadirondack.com/</a> LINK TO MORE ACCOMODATIONS- <a href="https://www.lakeplacid.com/lodging">https://www.lakeplacid.com/lodging</a>
	O7.5. CAMPING  Draper's Acres- Lake Placid, NY <a href="https://www.drapersacres.com/">https://www.drapersacres.com/</a> Lake Placid/ Whiteface Mtn. KOA Holiday- Wilmington, NY <a href="https://koa.com/campgrounds/lake-placid/">https://koa.com/campgrounds/lake-placid/</a> Cascade Acres RV Park- Lake Placid, NY <a href="http://www.cascadeacres.com/">http://www.cascadeacres.com/</a> Department of Environmental Conservation (DEC) Camping-

Department of Environmental Conservation (DEC) Camping-

https://dec.ny.gov/things-to-do/camping





### **ON-SITE FACILITIES**

	O7.6. PARKING FOR ATHLETES  Athlete parking is available in Lot A & Lot B. Vehicle passes will be required to access the venue and designated parking lots from Friday to Sunday.  Passes are available at paddock check-in. Athletes must provide their name at check-in.  All persons and vehicles entering the venue from 26-28 September will be screened.
	O7.7. PARKING FOR SPECTATORS  There is a limited amount of paid parking on the venue.  A shuttle service will transport spectators from two off-site parking areas from the Miricle Plazza at the Olympic Center in the Village of Lake Placid.  Athletic Field Parking / What3Words  Horse Show Grounds Parking / What3Words  Miricle Plazza / What3Words
	O7.8. TOILETS  There will be indoor toilets as well as portable outdoor toilets located in and around the spectator areas, vendor village, food and beverage area, and inside of the Mountain Pass Lodge.
	07.9. SHOWERS Showers are available in the Mountain Pass Lodge.
	O7.10. WASTE MANAGEMENT  Waste recovery stations will be distributed throughout the paddock area and greater venue. Please separate recyclables, organic compostables, and landfill waste according the instructions at the stations.
(6	07.11. WI-FI AND NETWORK Coming soon.
<b>Ω</b>	O7.12. SECURITY  All persons and vehicles entering the venue from 26-28 September will be screened.  Overnight security is provided daily by the venue.
	O7.13. BIKE WASH A bike wash station is located 75 m from the eastern end of the paddock area.





### **LOCAL AMENITIES**

LOUAL A	WENTILO
	O7.14. GROCERY SHOPS  Hannaford's Hannaford's Location and Hours  Price Chopper Price Chopper Location and Hours  Nori's Village Market https://norisvillagemarket.com/  Mini Euromart https://www.facebook.com/minieuromart/  Green Goddess Market https://www.greengoddessfoods.com/
	O7.15. BIKE SHOPS High Peaks Cyclery – Lake Placid, NY <a href="https://www.highpeakscyclery.com/">https://www.highpeakscyclery.com/</a> Placid Planet Bicycles- Lake Placid, NY <a href="https://www.placidplanet.com/">https://www.placidplanet.com/</a> Bike Lake Placid – Lake Placid, NY Leepoff Cycles – Keene Valley, NY Silver Birch Cycles- Saranac Lake, NY <a href="https://silverbirchcycles.com/">https://silverbirchcycles.com/</a>
	O7.16. RESTAURANTS Generations Tap & Grill- Lake Placid, NY https://www.golden-arrow.com/dining/ Smoke Signals- Lake Placid, NY https://www.smokesignalsq.com/ The Pickled Pig- Lake Placid, NY https://pickledpig.com/ Great Adirondack Brewing Company- Lake Placid, NY https://adirondackbrewing.com/ Lake Placid Pub & Brewery- Lake Placid, NY https://www.ubuale.com/ Lisa G's- Lake Placid, NY https://www.lisags.com/ The View- Lake Placid, NY https://mirrorlakeinn.com/dining/the-view/ LINK TO MORE RESTAURANTS- https://www.lakeplacid.com/do/dining
	07.17. BANK MACHINES AND LOCAL CURRENCY NBT Bank 2483 Main Street Lake Placid, NY 12946 Community Bank N.A. 2166 Saranac Avenue Lake Placid, NY 12946 Tri-Lakes Federal Credit Union 453 West Valley Road Lake Placid, NY 12946 ATM Machines in Lake Placid: 2521 Main Street Lake Placid NY, 12946 2728 Main Street Lake Placid NY, 12946 5920 Cascade Road Lake Placid, NY 12946 The local currency is the US Dollar \$
\[ \frac{1}{2} \]	07.18. SPECTATOR TICKETS Spectator tickets are available for sale on the Mt Van Hoevenberg Website. UCI Mountain Bike World Series - Mt Van Hoevenberg



WBD | Sports





### **MEDICAL**

MEDICA	
	O8.1. EMERGENCY RESPONSE  A medical team will be in attendance during all official practice and competition times. The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the event medical centre located HERE.  In the event of an emergency, please call 911. Use the following numbers to contact the emergency services in Lake Placid, NY. POLICE - +1 (518) 523-3306
	FIRE - +1 (518) 523-3211 AMBULANCE - +1 (518) 523-9512
	O8.2. NEAREST HOSPITAL/ PHARMACY  The closest Hospital to the event venue can be found as per the below.  Adirondack Medical Center- Saranac Lake  2233 State Route 86 Saranac Lake, NY 12983 +1 (518) 891-4141  The closest Pharmacy to the event venue can be found as per the below.  2140 Saranac Avenue Lake Placid, NY 12946 +1 (518) 523-5305.
	O8.3. PHYSIO  Adirondack Health Rehabilitation and Sports Medicine- Lake Placid 203 Old Military Road Lake Placid, NY 12946 +1 (518) 523-8580
	08.4. DENTIST  Lake Placid Family Dental 2358 Saranac Avenue Lake Placid, NY 12946 (518) 523-2406

#### 08.5. MEDICAL AND CONCUSSION PROTOCOL

WBD & the UCI are committed to improving rider safety & ensuring that athletes taking part in our events receive the highest standard of medical care possible. One area where we want to ensure consistency across all MTB disciplines at our events is the identification of potential rider head injury / concussion events & the subsequent assessment & medical diagnosis of concussions where necessary.

Continued...





### **MEDICAL**

The UCI have a <u>concussion protocol</u> & we will, in conjunction with the LOC appointed medical team, be applying this protocol across all disciplines during training & races. Any rider who has an incident which could result in a head injury / concussion & is then asked to undergo a concussion assessment by a member of the event medic team must comply with this request. Likewise, any rider or team manager who suspects a concussion should refer themselves or their athlete to the event medical team as soon as possible. A positive diagnosis of concussion by a medical professional may result in that athlete being withdrawn from competition.

For full details of the UCI concussion protocol, the assessment process & the return to play process please follow this link.



# THANK YOU

