

WHOOOP

UCI  
MOUNTAIN BIKE  
WORLD SERIES

WB WBD | Sports



**RACEBOOK**

# **PAL ARINSAL ANDORRA**

**UCI DOWNHILL WORLD CUP ROUND 6**

**UCI CROSS-COUNTRY WORLD CUP ROUND 6**

**09 - 13TH JULY 2025**

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# 01 CONTACTS

# CONTACTS

## 01.1 - SERIES AND LOCAL ORGANISER CONTACTS

### WBD Sports

- Sport Manager - Endurance: Paul Beales – [paul.beales@wbd.com](mailto:paul.beales@wbd.com)
- Sport Manager - Gravity: Ru Cunningham – [ruaridh.cunningham@wbd.com](mailto:ruaridh.cunningham@wbd.com)
- Sport Manager - Enduro: Alan McConnell – [alan.mcconnell@wbd.com](mailto:alan.mcconnell@wbd.com)
- Athlete Services: – [cycling.athletes@wbd.com](mailto:cycling.athletes@wbd.com)
- Media Inquiries: – [cycling.media@wbd.com](mailto:cycling.media@wbd.com)

### Local Organising Team

- General Director – David Hidalgo
- Paddock Areas & Permanent Office: Maria Zorzano [paddockwc@palarinsal.com](mailto:paddockwc@palarinsal.com)
- Venue manager: Ariel Acosta [aacosta@palarinsal.com](mailto:aacosta@palarinsal.com)
- Accommodation: Anna Farrera [acomodation@palarinsal.com](mailto:acomodation@palarinsal.com)
- Press Media: Cristina Rodrigues [media@palarinsal.com](mailto:media@palarinsal.com)

## 01.2 WEBSITES AND SOCIALS

### WBD Sports

- Website: [www.ucimtbworldseries.com](http://www.ucimtbworldseries.com)
- Instagram: [@uci\\_mtbworldseries](https://www.instagram.com/uci_mtbworldseries) / [@TNTsportscycling](https://www.instagram.com/TNTsportscycling)
- Tik Tok: [@uci\\_mtbworldseries](https://www.tiktok.com/@uci_mtbworldseries) / [@TNTsportscycling](https://www.tiktok.com/@TNTsportscycling)
- Facebook: WHOOP UCI Mountain Bike World Series
- YouTube: [@uci\\_mtbworldseries](https://www.youtube.com/@uci_mtbworldseries) / [@TNTsportscycling](https://www.youtube.com/@TNTsportscycling)

### Local Organising Team

- Website: [Pal Arinsal World Cup](http://Pal Arinsal World Cup)
- Instagram: [@palarinsalandorra](https://www.instagram.com/palarinsalandorra)
- X: [Pal Arinsal](https://twitter.com/Pal Arinsal)
- Facebook: [Pal Arinsal](https://www.facebook.com/Pal Arinsal)
- YouTube: [Pal Arinsal](https://www.youtube.com/Pal Arinsal)





# 02

# DOWNHILL



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# RACE ENTRIES

## 02.1 RIDER REGISTRATION

All registrations for the UCI Downhill World Cup must be made on the [www.ucimtbworldseries.com](http://www.ucimtbworldseries.com) website.

All UCI World Series Teams and UCI MTB Teams who have been awarded a Wildcard can process entries within their team accounts. Individual riders must enter via their National Federation.

Qualification criteria can be found [here](#).

For the ranking and entry close dates, please see [here](#).

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## 02.2 RACE LICENCES

All riders must hold a valid (in date) UCI licence issued by their National Federation.

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## 02.3 ENTRY FEES

Elite UCI Downhill World Cup: € 150.00

Junior UCI Downhill World Cup: €80.00

All payments must be completed online prior to arrival at Rider Confirmation. There are strictly **no onsite payments**.

Please ensure you familiarise yourself with the [terms and conditions of entry](#).

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## 02.4 RIDER CONFIRMATION & PLATE COLLECTION

Location : Sala de la Closeta

Google maps location: <https://maps.app.goo.gl/sFAv8eKouFQLiEK96>

**WBD On-site Contact – Annie Last**

Managers/coaches/parents can collect packages on behalf of riders, providing;

- The riders licence is presented
- Parental Authorisation (If applicable)

### CONFIRMATION SCHEDULE

**Wednesday 9<sup>th</sup> July**

08:30 – 10:00 : UCI MTB World Series Teams

10:00 – 12:00 : All riders

14:30 – 17:00 : Final confirmation All Riders

**Check in Deadline:** Riders who have not collected their plate / checked in by 17:00 Wednesday will not be included on the Start List.

Altering, cutting, blocking with a computer device or placing of unauthorized stickers or sponsor logos on race number plate is not permitted.



# ACCREDITATION & DISCLAIMERS

## 02.5. TEAM AND RIDER EVENT ACCREDITATION

Teams with a confirmed paddock reservation will receive accreditation-format lift passes (8 for Wildcard teams and UCI Teams, 5 for National Federations, and 5 for Private Teams).

If additional access is required, extra passes can be purchased at the Gondola at the following rates:

- 1-day pass: €20
- 3-day pass: €50
- 5-day pass: €75

Both the accreditation and the lift passes grant access to all lifts and competition venues.

### LOCATION

Rider Confirmation is located at Sala de la Closeta

Google maps location: <https://share.google/EUVqaJlaT5YluGoj2>

## ACCESS TO THE VENUE

WBDS Season Pass holders will have access to the venues; however, a lift pass will be required to use the lifts.

LOC passes: venue access + gondola access

An envelope with bike plate number and one wrist band will be given to each athlete at the accreditation office, at the same time as the rider's confirmation.

Wrist bands for support staff must be collected at the team area access, they will be provided only by those that have booked and paid their paddock space (5 for all teams).

Additional passes for support crew can be purchased at the ticket office (gondola):

- 1 day €20, 3 days €50 and 5 days €75
-

# ACCREDITATION & DISCLAIMERS

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## 02.6. INSURANCE

Personal insurance coverage is not provided by the WBDS/Organisers.

Riders are responsible for securing their own accident, rescue, health, travel, property and liability insurance.

Riders should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

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## 02.7 DISCLAIMER AND LIABILITY RELEASE

Riders voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.

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RACE LOGISTICS

02.8. VENUE MAP

MAPS



PAL ARINSAL, ANDORRA

Location: Fontanals, estació de Pal Arinsal, sector Pal  
Google maps location: <https://maps.app.goo.gl/P6iA6MotkGg1Nz8F8>



# ON-SITE RACE LOGISTICS

## 02.9. TRAINING

### TRAINING SCHEDULE

#### Thursday 10th July

08:30 – 10:30: Training – Group B  
 10:30 – 12:30: Training – Group A  
 12:30 – 14:30: Training – Group B (Timed Session)  
 14:30 – 16:30: Training – Group A (Timed Session)

#### Friday 11th July

08:30 – 09:30: Training – Women Elite  
 09:45 – 10:45: Training – Men Elite  
 11:00 – 12:00: Training – Juniors

#### Saturday 12th July

09:00 – 10:00: Training – Qualified Juniors  
 10:00 – 11:00: Training – Qualified Elites

All riders must display their handlebar number during training sessions.

The course will be closed for TV inspection on Tuesday 8th July.

The course will be closed for UCI inspection on Tuesday 8th July.

### CONDA OPENING TIMES

#### LA MASSANA GONDOLA

	Monday 7/07	Tuesday 8/07	Wednesday 9/07	Thursday 10/07	Friday 11/07	Saturday 12/07	Sunday 13/07
World Cup	8h30 - 18h	8h30 - 18h	7h - 19h	6h40 - 19h	6h30 - 20h45*	6h30 - 20h45*	6h30 - 20h
Bike Park	10h - 17h	10h - 17h	10h - 17h	10h - 17h	10h - 17h	10h - 17h	10h - 17h

#### CUBIL CHAIRLIFT

	Monday 7/07	Tuesday 8/07	Wednesday 9/07	Thursday 10/07	Friday 11/07	Saturday 12/07	Sunday 13/07
Copa del món	CLOSED	CLOSED	14h - 17h	8h - 16h	8h - 18h	8h - 16h	CLOSED
Spectators	CLOSED	CLOSED	CLOSED	CLOSED	Públic 17h45	Públic 15h45	CLOSED

All times are in Central European Time (CET).

## 02.10. TIMING TRANSPONDER COLLECTION

Timing system: Chronorace

Riders must carry their timing transponders on their bike.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will incur a charge of 100 euros.



## 02.11. PROTECTION RULES

For protection requirements please refer to page 26 of the UCI MTB Regulations

## 02.12. AWARD CEREMONIES

Ceremonies will take place near the finish area.

## 02.13. PRIZE MONEY COLLECTION

The prize money will be given in cash only, we will not make bank transfers. All payments are made through Pal Customer Service, location: <https://maps.app.goo.gl/8d53ZZ1uBDfAH7Cp8>

Prize Money Contact: Cristina Riba, [criba@palarinsal.com](mailto:criba@palarinsal.com) // +376 878 056

## 02.14. ANTI-DOPING

Opposite the elite paddock, in the service area <https://maps.app.goo.gl/txdGkTbugNgoa5hy6> .



Google maps location: <https://maps.app.goo.gl/txdGkTbugNgoa5hy6>

WBDS will follow all ITA rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.



03

# CROSS-COUNTRY & SHORT TRACK

# RACE ENTRIES

## 03.1 RIDER REGISTRATION

All registrations for the UCI Cross Country World Cup must be made on the [www.ucimtbworldseries.com](http://www.ucimtbworldseries.com) website.

All UCI World Series Teams and UCI MTB Teams who have been awarded a Wildcard can process entries within their team accounts. Individual riders must enter via their National Federation.

Qualification criteria can be found [here](#).

For the ranking and entry close dates, please see [here](#).

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## 03.2 RACE LICENCES

All riders must hold a valid (in date) UCI licence issued by their National Federation.

## 03.3 ENTRY FEES

UCI Cross-Country World Cup: € 150.00

All payments must be completed online prior to arrival at Rider Confirmation. There are strictly **no onsite payments**.

Please ensure you familiarise yourself with the [terms and conditions of entry](#).

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## 03.4 RIDER CONFIRMATION & PLATE COLLECTION

**LOCATION** - Rider Confirmation is located at Sala de la Closeta  
Google Maps location: <https://maps.app.goo.gl/sFAv8eKauFQLiEK96>

**WBD On-site Contact – Annie Last**

Managers/coaches/parents can collect packages on behalf of riders, providing;

- The riders licence is presented
- Parental Authorisation (If applicable)

### CONFIRMATION SCHEDULE

#### **Wednesday 9th July**

12:30 – 13:30: UCI MTB World Series Teams

14:30 – 17:00: All riders

#### **Thursday 10th July**

08:00 – 10:00: All Riders Confirmation (Final Confirmation XCC)

#### **Friday 11th July**

08:00 – 08:30: Final confirmation All XCO Riders

**Check-in Deadline:** Riders who have not checked in by 08:30 Friday will not be included on the Start List.

Altering, cutting, blocking with a computer device or placing of unauthorised stickers or sponsor logos on the race number plate is not permitted.

# ACCREDITATION & DISCLAIMERS

## 03.5 TEAM AND RIDER EVENT ACCREDITATION

Rider Confirmation and Accreditation are located at Sala de la Closeta  
Google maps location: <https://maps.app.goo.gl/sFAv8eKeuFQLiEK96>  
Included with Paddock Registration

	Wildcards and UCI teams	National Federations	Privateers	Paddock partner
Accreditations	10	5	5	5
Branded paddock vehicles	2	1	1	1
Drop off vehicles	1	1	1	1
Free of charge	X	Max 30m <sup>2</sup>	X	X
Cost per m <sup>2</sup>	30€/m <sup>2</sup>	30€/m <sup>2</sup>	30€/m <sup>2</sup>	30€/m <sup>2</sup>
Maximum (m <sup>2</sup> )	100 m <sup>2</sup>	30 m <sup>2</sup>	30 m <sup>2</sup>	200m <sup>2</sup>
Expo space permitted	No	No	No	No
Electricity (220V)*	200 €	200 €	200 €	200 €

Extra Passes:

Additional passes for support crew can be purchased at the ticket office (gondola): 1 day €20, 3 days €50 and 5 days €75



# ACCREDITATION & DISCLAIMERS

## ACCESS TO THE VENUE

- WBDS season pass: access to the venues, but a lift pass will be needed to take the lifts.
- LOC passes: includes venues and lifts
- An envelope with the bike plate number and one wristband will be given to each athlete at the accreditation office, at the same time as the rider's confirmation.
- Wrist bands for support staff must be collected at the team area access; they will be provided only by those who booked and paid for their paddock space (5 for all teams).
- For teams that have a paddock reservation, they will have passes in accreditation format (8 for wildcard and UCI teams, 5 for national federations and 5 for private teams). In case the team needs more access, passes will be sold at the race office (1 day €20, 3 days €50 and 5 days €75). Both passes and accreditations give access to all lifts and the venues.

## 03.6 INSURANCE

Personal insurance coverage is not provided by the WBDS/Organisers.

Riders are responsible for securing their own accident, rescue, health, travel, property and liability insurance.

Riders should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training.
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

## 03.7 DISCLAIMER AND LIABILITY RELEASE

Riders voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.

# RACE LOGISTICS

## MAPS

## PAL ARINSAL, ANDORRA



Location: Fontanals, estació de Pal Arinsal, sector Pal

Google maps location: <https://maps.app.goo.gl/P6iA6MotkGg1Nz8F8>



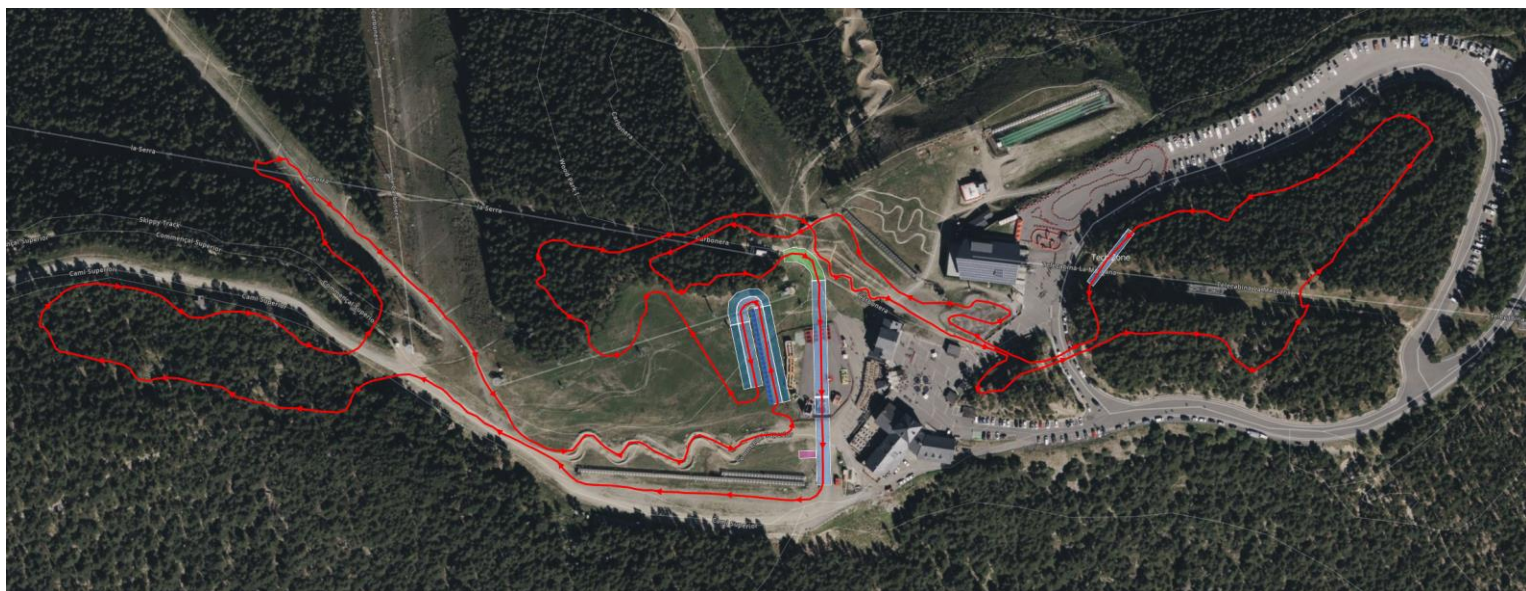
## LA MASSANA GONDOLA

[illegible]



## 03.8. COURSE MAPS

### CROSS COUNTRY COURSE



## 03.8. COURSE MAPS cont.

### SHORT TRACK COURSE





# ON-SITE RACE LOGISTICS

## 03.9 TRAINING

### TRAINING SCHEDULE - XCO

#### Thursday 10th July

09:00 – 11:00: Training – Women only

11:00 – 13:00: Training – All riders

13:00 – 15:00: Training – Men only

#### Friday 11th July

12:00 – 13:15: Training – Women only

13:15 – 14:30: Training – All riders

14:30 – 15:45: Training – Men only

#### Saturday 15th June

09:00 – 10:00: Training – Women only

10:00 – 11:00: Training – All riders

11:00 – 12:00: Training – Men only

### TRAINING SCHEDULE - XCC

#### Friday 11th July

09:00 – 09:30: Training – All U23 XCC riders

16:45 – 17:15: Training – All Elite XCC riders

All riders must display their handlebar number during training sessions.

A coach of a national team, UCI Elite MTB Team or UCI MTB teams must request a handlebar number, must hold a licence and wear a helmet.

Team plates will be allocated at rider confirmation and will not exceed the following allocation.

- UCI Elite MTB Team – 2 Team Plates
- UCI MTB Team – 1 Team Plate
- National Federations – 1 Team Plate

The course will be closed for TV inspection on Wed 09/07/25 @ 09:00 – 12:00

The course will be closed for UCI inspection on Wed 09/07/25 @ 10:00 – 12:00

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## 03.10 TIMING TRANSPONDER COLLECTION

Timing system: Chronorace

Riders must carry their timing transponders on their bike.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will incur a charge of 100 euros.

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### 03.11 PRIZE MONEY COLLECTION

The prize money will be given in cash only, we will not make bank transfers. All payments are made through Pal Customer Service, location: <https://maps.app.goo.gl/8d53ZZ1uBDfAH7Cp8>

For any questions or information please contact Cristina Riba, [criba@palarinsal.com](mailto:criba@palarinsal.com) // +376 878 056

### 03.12 ANTI-DOPING

**Anti-Doping location:** Between the expo area and the paddock partner <https://maps.app.goo.gl/HbjyuA7XPc2CPyU1A>



WBDS will follow all [ITA](#) rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.

### 03.13 FEED ZONES AND TECHNICAL ASSISTANCE ZONES (TAZ)

There will be one feed zone and two technical assistance zones on the course. Outside feeding and technical assistance is only permitted in these zones.

Accreditation or passes must be worn by helpers and mechanics in the feed and technical assistance zones, these will be handed over at rider confirmation to Team Managers or individual riders.

The main feed and technical zone is located just above the Start/Finish line approximately halfway around the lap and will be entered via a 'pit lane' as indicated below, and split into Elite teams, UCI Teams, National Federations and Individual riders.



04

# TEAM & PADDOCK PARTNERS



# TEAM PADDOCK PROCEDURES

## 04.1 TEAM AREA ACCESS

Race office Location - <https://maps.app.goo.gl/WTmx3FYWj9mZwN2R9>

The paddocks must be set up between Monday 7th 8 am and Tuesday 8th at 6pm.  
By Wednesday 9th in the morning, all paddocks without exception must be set up to allow for the smooth circulation of vehicles.

### Check-in Procedure:

All teams must report to the Race Office to collect their accreditations (location: Race Office Location), pay the €250 deposit, and only then proceed to the resort.

**Arrival:** Teams may arrive no later than 5:00 pm on July 8th.

### Departure:

- Downhill area: From July 12, From 7:00 pm onwards, or later if the competition has not yet finished.
- Cross-country area: From July 13, From 7:00 pm onwards, or later if the competition has not yet finished.

### Please note:

- It is strictly forbidden to drill holes or paint on the ground.
- Washing bikes in the paddock area is not allowed; the designated bike wash stations must be used.
- Vehicle movement within the paddock is prohibited during competition hours.
- The Andorran traffic code must be always respected.
- The upper area of the Bike Park will be closed throughout the entire competition. Riding bikes that are not officially accredited for the event in this area is strictly forbidden.
- Only accredited bikes will be allowed to circulate between the venues.

Failure to comply with the paddock regulations will result in the loss of the €250 deposit.

**STRICTLY NO BIKE WASHING IN THE TEAM AREA & NO DRILLING INTO THE TARMAC.**

## PADDOCK FOOTPRINTS - PADDOCK A

Please note that WHOOP UCI MTB World Series Team paddock footprints must not exceed 200m2.

WBD and the LOC will measure paddocks onsite, and due to very restricted space anyone exceeding the maximum allowance will be charged by the LOC.

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## 04.2 ADDITIONAL TEAM PARKING

The team parking area is located just outside the paddock zone. Circulation within the paddock will be limited during the day and strictly prohibited during qualification and finals hours.

To ensure the proper implementation of the competition's mobility plan, the accreditation system and the authority of the venue staff must be strictly respected. Any form of disrespect towards our team members will not be tolerated.



# TEAM PADDOCK PROCEDURES

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## 04.3 TEAM DE-RIG AND DEPARTURES

For DH teams, dismantling can take place on Saturday from the end of the races (not before 7 pm).  
For XC teams, dismantling can take place on Sunday from the end of the races (not before 7 pm)

Paddock rules:

- It is strictly forbidden to drill holes or paint on the ground.
- Washing bikes in the paddock area is not allowed; the designated bike wash stations must be used.
- Vehicle movement within the paddock is prohibited during competition hours.
- The Andorran traffic code must be always respected.
- The upper area of the Bike Park will be closed throughout the entire competition. Riding bikes that are not officially accredited for the event in this area is strictly forbidden.
- Only accredited bikes will be allowed to circulate between the venues.

Failure to comply with the paddock regulations will result in the loss of the €250 deposit.

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05

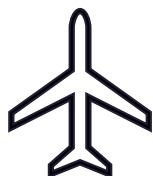
VENUE

LOGISTICS



WBD | Sports

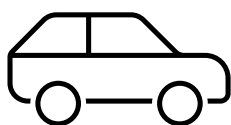
# TRAVEL & ACCOMMODATION



## 05.1 INTERNATIONAL AIRPORTS

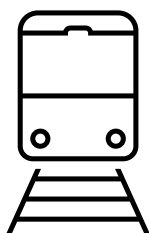
International airports:

- Toulouse Blagnac - <https://www.toulouse.aeroport.fr/>
- Barcelona El Prat - <https://www.aena.es/es/josep-tarradellas-barcelona-el-prat.html>
- Lleida Alguair - <https://aeroportlleida.cat/es/>
- La Seu d'Urgell - <https://aeroportandorralaseu.cat/es/>



## 05.2. TRAVEL BY CAR

How to get to Andorra? <https://events.palarinsal.com/en/world-cup-mtb-2025/how-to-get>



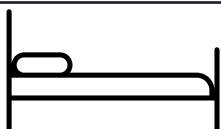
## 05.3. TRAVEL BY PUBLIC TRANSPORT

By public transport: <https://www.andorradirectbus.es/es/>



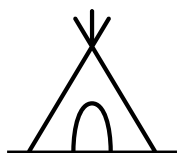
## 05.4. VISA INFORMATION

Visa information: <https://visitandorra.com/en/visitor-information/before-you-arrive/passport-visas-customs/>



## 05.5. ACCOMMODATION

Anna Farrera [accommodation@palarinsal.com](mailto:accommodation@palarinsal.com)

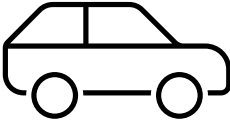
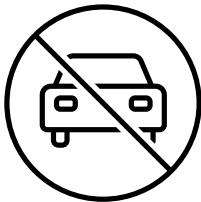

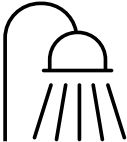


## 05.6. CAMPING

For local campsites, please see <https://xixerellapark.com/>  
<https://www.campingvalira.com/es>




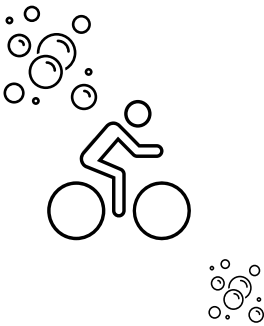
The organization has also set up an area for motorhomes in Arinsal sector: Comallemple parking area (<https://maps.app.goo.gl/gPXSyfhEaR6R562FA>). Once parked, you can take the Orriols cable car, which will take you to the centre of the village and the parish of La Massana.

# ON-SITE FACILITIES

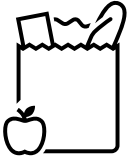

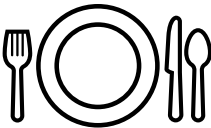

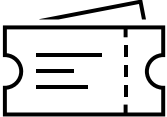
	<div>05.7. <u>PARKING FOR ATHLETES</u></div> <p>Only vehicles with valid accreditation will be granted access to the resort parking area. Therefore, teams must reserve a space in the paddock in advance.</p> <p>Teams without a confirmed paddock reservation will not be permitted to access the resort.</p>
	<div>05.8. <u>PARKING FOR SPECTATORS</u></div> <p>There will be no parking at the station for spectators, they will have to park in the town of La Massana, Arinsal or Erts and access the competition by gondola or shuttles (event ticket required)</p> <p><a href="https://events.palarinsal.com/ca/world-cup-mtb-2025/on-aparcar">https://events.palarinsal.com/ca/world-cup-mtb-2025/on-aparcar</a></p> <p><a href="https://www.lamassana.ad/aparcaments">https://www.lamassana.ad/aparcaments</a></p>
	<div>05.9. <u>TOILETS</u></div> <p>The toilets will be available throughout the resort</p>
	<div>05.10. <u>SHOWERS</u></div> <p>No Showers available</p>



# ON-SITE FACILITIES

	<div>05.11. <u>WASTE MANAGEMENT</u></div> <div>Garbage and sorting centres available in both venues (XC and DH).</div>
	<div>05.12. <u>WI-FI AND NETWORK</u></div> <div>Wi-Fi for guests available throughout the resort.</div>
	<div>05.13. <u>SECURITY</u></div> <div>Day and night security throughout the resort from July 9<sup>th</sup> to 13<sup>th</sup>.</div>
	<div>05.14. <u>BIKE WASH</u></div> <div> <p>The only bike wash areas are those at the resort. It is strictly forbidden to clean bikes in the paddock, under penalty of losing the 250€ paddock deposit.</p> <p>XC area: <a href="https://maps.app.goo.gl/ppbF2bcizZfKf34B8">https://maps.app.goo.gl/ppbF2bcizZfKf34B8</a></p> <p>DH area: <a href="https://maps.app.goo.gl/mh6xbQjqg3dHbakc7">https://maps.app.goo.gl/mh6xbQjqg3dHbakc7</a></p> </div>

## LOCAL AMENITIES

	<p><b>05.15. GROCERY SHOPS</b></p> <ul style="list-style-type: none"> <li>•Carrefour city: <a href="https://maps.app.goo.gl/RH76KL4CHKHFhhfN6">https://maps.app.goo.gl/RH76KL4CHKHFhhfN6</a></li> <li>•Carrefour express: <a href="https://maps.app.goo.gl/MoBkrfMtBJN6jtES8">https://maps.app.goo.gl/MoBkrfMtBJN6jtES8</a></li> <li>•Establiments Garrallà: <a href="https://maps.app.goo.gl/gqXjrKELCVYB4siSA">https://maps.app.goo.gl/gqXjrKELCVYB4siSA</a></li> <li>•E. Leclerc Express: <a href="https://maps.app.goo.gl/mHvnb1LxN6HHsmkPA">https://maps.app.goo.gl/mHvnb1LxN6HHsmkPA</a></li> <li>•Bon Àrea: <a href="https://maps.app.goo.gl/kBgfhHfe765UdncL9">https://maps.app.goo.gl/kBgfhHfe765UdncL9</a></li> <li>•Supermercat Diagonal: <a href="https://maps.app.goo.gl/ueNQHy3Y3WJrJVMe8">https://maps.app.goo.gl/ueNQHy3Y3WJrJVMe8</a></li> <li>•Caprabo: <a href="https://maps.app.goo.gl/EyYp78FaxLWECokh6">https://maps.app.goo.gl/EyYp78FaxLWECokh6</a></li> <li>•Condis shop: <a href="https://maps.app.goo.gl/K1M2BaqFs556s2Ex7">https://maps.app.goo.gl/K1M2BaqFs556s2Ex7</a></li> </ul>
	<p><b>05.16. BIKE SHOPS</b></p> <p>Riders boutique: <a href="https://maps.app.goo.gl/MpuaP7fr7MrggHcd7">https://maps.app.goo.gl/MpuaP7fr7MrggHcd7</a></p> <p>Pic Negre La Massana: <a href="https://maps.app.goo.gl/6Gek3cXh1vXjaS4q7">https://maps.app.goo.gl/6Gek3cXh1vXjaS4q7</a></p> <p>Viladomat La Massana: <a href="https://maps.app.goo.gl/yepuZ9v2DHt3W6Dw8">https://maps.app.goo.gl/yepuZ9v2DHt3W6Dw8</a></p> <p>Commencal Bikes: <a href="https://maps.app.goo.gl/kTzz456e1wtYhKLWA">https://maps.app.goo.gl/kTzz456e1wtYhKLWA</a></p> <p>Esports Rossell: <a href="https://maps.app.goo.gl/BHWvwXyChZJtu13M8">https://maps.app.goo.gl/BHWvwXyChZJtu13M8</a></p> <p>Couloir Mountain Store: <a href="https://maps.app.goo.gl/9UExddpGLOeGZkBaA">https://maps.app.goo.gl/9UExddpGLOeGZkBaA</a></p>
	<p><b>05.17. RESTAURANTS</b></p> <p>Xiringuito de la Caubella: <a href="https://maps.app.goo.gl/hdpVw9m5DjDWoRLm7">https://maps.app.goo.gl/hdpVw9m5DjDWoRLm7</a></p> <p>Restaurant Expresso: <a href="https://maps.app.goo.gl/6EoFEh8b2qJxqZ4b9">https://maps.app.goo.gl/6EoFEh8b2qJxqZ4b9</a></p> <p>Food trucks available in both venues: <a href="https://palarinsalworldcup.com/">https://palarinsalworldcup.com/</a></p> <p><b>Restaurants available at La Massana:</b>  <a href="https://www.google.com/maps/search/Restaurantes/@42.5468564,1.4756546,5428m/data=!3m2!1e3!4b1?entry=ttu&amp;g_ep=EgoyMDI1MDQwOS4wIKXMDSOJLDEwMjExNjQwSAFQAw%3D%3D">https://www.google.com/maps/search/Restaurantes/@42.5468564,1.4756546,5428m/data=!3m2!1e3!4b1?entry=ttu&amp;g_ep=EgoyMDI1MDQwOS4wIKXMDSOJLDEwMjExNjQwSAFQAw%3D%3D</a></p>
	<p><b>05.18. BANK MACHINES AND LOCAL CURRENCY</b></p> <p>Creand: <a href="https://maps.app.goo.gl/PE3fd83ECnMp5uTC8">https://maps.app.goo.gl/PE3fd83ECnMp5uTC8</a></p> <p>Andbank: <a href="https://maps.app.goo.gl/V4nuJ7V4fg5nMhhT6">https://maps.app.goo.gl/V4nuJ7V4fg5nMhhT6</a></p> <p>Morabanc: <a href="https://maps.app.goo.gl/3rPhE8EvKou2y7PaA">https://maps.app.goo.gl/3rPhE8EvKou2y7PaA</a></p>
	<p><b>05.19. SPECTATOR TICKETS</b></p> <p>Available at this link:  <a href="https://palarinsalworldcup.com/tickets">https://palarinsalworldcup.com/tickets</a></p>



06

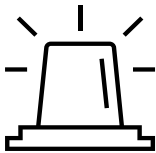
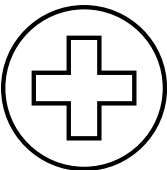


MEDICAL



WBD | Sports



# MEDICAL

	<p><b>06.1 EMERGENCY RESPONSE</b>  Medical centre: <a href="https://maps.app.goo.gl/6t1zYR7fdLzu9nxj6">https://maps.app.goo.gl/6t1zYR7fdLzu9nxj6</a>  During all sporting events, a Red Cross team will be available for the public, and a team from the Andorra hospital will be available for the competitors.</p> <p>In the event of an emergency, what numbers should be used:  POLICE - 112  FIRE - 112  AMBULANCE – 112</p>
	<p><b>06.2. NEAREST HOSPITAL/ PHARMACY</b>  <b>Hospital Nostra Senyora de Meritxell:</b>  <a href="https://maps.app.goo.gl/Maa5ZUMUvNJBKAzx5">https://maps.app.goo.gl/Maa5ZUMUvNJBKAzx5</a>  Address: Camí dels Escalls, 19, AD700 Escaldes-Engordany  Phone number: 00376 871 000  <b>Pharmacy Carolina Garrallà:</b> <a href="https://maps.app.goo.gl/asahrtgMux3A9hiQ7">https://maps.app.goo.gl/asahrtgMux3A9hiQ7</a>  Address: nº7, Av. de Sant Antoni, AD400 La Massana  Phone number: 00376 838 126  <b>Pharmacy Genciana:</b> <a href="https://maps.app.goo.gl/8kPqkUpzCsFcbnRD8">https://maps.app.goo.gl/8kPqkUpzCsFcbnRD8</a>  Address: Nº12 Avinguda de Sant Antoni, AD400 La Massana  Phone number: 00376 838 166  <b>Pharmacy Pasteur:</b> <a href="https://maps.app.goo.gl/uLCVsueNjdFANage9">https://maps.app.goo.gl/uLCVsueNjdFANage9</a>  Address: Av. Sant Antoni, 22, Aparthotel Rossell, Baixos, AD400 La Massana  Phone number: 00376 836 183</p>
	<p><b>06.3. PHYSIO</b>  The organization does not have physiotherapists or osteopaths suitable for the event, but we can find professionals in La Massana:  <b>Recovery and Physiotherapy Centres:</b>  <b>Judith Ros</b> <a href="https://maps.app.goo.gl/acrEzunPKcgetVfw6">https://maps.app.goo.gl/acrEzunPKcgetVfw6</a>  <b>Fisioteràpia En bones Mans</b> <a href="https://maps.app.goo.gl/puT4p3GKf2Lv61mo8">https://maps.app.goo.gl/puT4p3GKf2Lv61mo8</a>  <b>Synapse Andorra</b> <a href="https://maps.app.goo.gl/2QvZqVjQdRLhJtbc8">https://maps.app.goo.gl/2QvZqVjQdRLhJtbc8</a>  <b>Unum</b> <a href="https://maps.app.goo.gl/2UR3btRqJksB9Qva7">https://maps.app.goo.gl/2UR3btRqJksB9Qva7</a>  <b>Osteopath:</b>  <b>Raul Ferré Matas</b> <a href="https://maps.app.goo.gl/vWmyiP5k4dkXKVBj8">https://maps.app.goo.gl/vWmyiP5k4dkXKVBj8</a></p>
	<p><b>06.4. DENTIST</b>  The closest <b>Dentist/ s</b> to the event venue is:  <b>Clínica Dental de la Massana</b> <a href="https://maps.app.goo.gl/p2idK2tzxMDrYAii8">https://maps.app.goo.gl/p2idK2tzxMDrYAii8</a>  Address: CG-3, 16, AD400 La Massana  Phone number: 00376 839 990  <b>Dental MES SANA</b> <a href="https://maps.app.goo.gl/6BFnX4PuueufHXWGA">https://maps.app.goo.gl/6BFnX4PuueufHXWGA</a>  Address: Av. de Sant Antoni, 54, AD400 La Massana  Phone number: 00376 830 444</p>

# MEDICAL

## 06.5 MEDICAL AND CONCUSSION PROTOCOL

WBD & the UCI are committed to improving rider safety & ensuring that athletes taking part in our events receive the highest standard of medical care possible. One area where we want to ensure consistency across all MTB disciplines at our events is the identification of potential rider head injury / concussion events & the subsequent assessment & medical diagnosis of concussions where necessary.

The UCI have a concussion protocol & we will, in conjunction with the LOC appointed medical team, be applying this protocol across all disciplines during training & races. Any rider who has an incident which could result in a head injury / concussion & is then asked to undergo a concussion assessment by a member of the event medic team must comply with this request. Likewise, any rider or team manager who suspects a concussion should refer themselves or their athlete to the event medical team as soon as possible. A positive diagnosis of concussion by a medical professional may result in that athlete being withdrawn from competition.

For full details of the UCI concussion protocol, the assessment process & the return to play process please follow this [link](#).

It is the responsibility of all team staff and Riders to familiarise themselves with the signs and symptoms of a potential concussion. If they or their athlete display any symptoms, they are to present themselves to the on - site WBD medical liaison officer for assessment.

Any Rider who is asked by a race official to undergo a medical or concussion assessment by a Registered / Licensed Health Care Professional must comply.

Any Rider who fails or refuses a concussion assessment by a Registered / Licensed Health Care Professional during an event will be removed from the current training session or race.

They will be prohibited from further participation until cleared in writing by a Registered / Licensed Health Care Professional to resume such activity.

Should a concussion be confirmed by a Registered / Licensed Health Care Professional, the athlete is responsible for completing a "graduated return to activity" plan.

During all WBD events, medical staff may collect preliminary Rider injury and illness data, to monitor the magnitude of issues that occur. As part of a Rider's participation, this will include a Rider's medical data should any Rider sustain an injury (or illness) during an event.

No Rider will be identifiable at any stage during any collection of this data, and any data collected on a Rider will be always anonymized and kept strictly confidential.

The information gathered may be used by WBD to help guide and direct future Rider health and injury/illness prevention initiatives. A Rider does not need to do anything as part of this data collection

UCI concussion protocol [link](#).



# 07 SCHEDULE



07. COMPETITION SCHEDULE



PAL - SCHEDULE				
	LOCAL TIME			
Tuesday 08/07/25	09:00 - 12:00	DHI		Track Closed - TV Inspection
	14:00 - 16:00	DHI		Track Closed - UCI Inspection
Wednesday 09/07/25	08:30 - 10:00	DHI		Rider Confirmation - UCI MTB World Series Teams
	09:00 - 12:00	XCO		Track Closed - TV Inspection
	10:00 - 12:00	DHI		Rider Confirmation - All Riders
	10:00 - 12:00	XCO		Track Closed - UCI Inspection
	10:00 - 13:00	DHI		Foot Inspection UCI MTB World Series Teams
	12:30 - 13:30			Rider Confirmation - UCI MTB World Series Teams
	13:00 - 16:00	DHI		Foot Inspection All Riders
	14:00	DHI		Riders meeting - DHI Only
	14:30 - 17:00			Rider Confirmation - All Riders (Final Confirmation DHI)
				Rider confirmation (Final Confirmation XCC) - All riders
Thursday 10/07/25	08:00 - 10:00			
	08:30 - 10:30	DHI		Training - Group B
	09:00 - 11:00	XCO		Training - Women only
	10:30 - 12:30	DHI		Training - Group A
	11:00 - 13:00	XCO		Training - All riders
	12:30 - 14:30	DHI		Training - Group B (Timed Session)
	13:00 - 15:00	XCO		Training - Men only
	14:30 - 16:30	DHI		Training - Group A (Timed Session)
	17:15			Press Conference
Friday 11/07/25	08:00 - 08:30			Final Rider Confirmation XCO - All Riders
	08:30 - 09:30	DHI		Training - Women Elite
	09:00 - 09:30	XCC		Training - U23 riders only
	09:45 - 10:45	DHI		Training - Men Elite
	09:45	XCC		UCI MTB World Cup Cross-Country Short Track - Women U23
	10:25	XCC		UCI MTB World Cup Cross-Country Short Track - Men U23
				Followed by the awards ceremonies
	11:00 - 12:00	DHI		Training - Juniors
	12:00 - 13:15	XCO		Training - Women only
	12:30	DHI		UCI MTB World Cup Downhill Q1 - Women
	13:00	DHI		UCI MTB World Cup Downhill Q1 - Men
	13:15 - 14:30	XCO		Training - All riders
	14:15	DHI		UCI MTB World Cup Downhill Qualifying - Women Junior
	14:30 - 15:45	XCO		Training - Men only
	14:40	DHI		UCI MTB World Cup Downhill Qualifying - Men Junior
	15:30	DHI		UCI MTB World Cup Downhill Q2 - Women
	15:50 - 17:00	DHI		UCI MTB World Cup Downhill Q2 - Men
	16:45 - 17:15	XCC		Training - Elite riders only
	17:30	XCC		UCI MTB World Cup Cross-Country Short Track - Women
				Followed by the awards ceremonies
	18:10	XCC		UCI MTB World Cup Cross-Country Short Track - Men
				Followed by the awards ceremonies
Saturday 12/07/25	09:00 - 10:00	DHI		Training - Qualified Juniors
	09:00 - 10:00	XCO		Training - Women only
	10:00 - 11:00	DHI		Training - Qualified Elites
	10:00 - 11:00	XCO		Training - All riders
	11:00 - 12:00	XCO		Training - Men only
	11:30	DHI		UCI MTB World Cup Downhill Final - Women Junior
	12:00	DHI		UCI MTB World Cup Downhill Final - Men Junior
				Followed by the awards ceremonies
	13:00	DHI		UCI MTB World Cup Downhill Final - Women
				Followed by the awards ceremonies
	14:00	DHI		UCI MTB World Cup Downhill Final - Men
				Followed by the awards ceremonies
Sunday 13/07/25	09:00	XCO		UCI MTB World Cup Cross-Country Olympic - Women U23
				Followed by the awards ceremonies
	11:30	XCO		UCI MTB World Cup Cross-Country Olympic - Women
				Followed by the awards ceremonies
	13:30	XCO		UCI MTB World Cup Cross-Country Olympic - Men
				Followed by the awards ceremonies
	15:30	XCO		UCI MTB World Cup Cross-Country Olympic - Men U23
				Followed by the awards ceremonies

Live Production = RED



**CONTACT US:**

[Cycling.athletes@wbd.com](mailto:Cycling.athletes@wbd.com)

# THANK YOU