





# **RACE BOOK**

## UCI Mountain Bike Downhill World Cup Round 5

Les Gets, Portes du Soleil, Haute-Savoie France

6th - 10th September, 2023

Version 7, 04/09/2023

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UCI MOUNTAIN BIKE WORLD SERIES

## 1. SCHEDULE | return to menu

## UCI MOUNTAIN BIKE WORLD SERIES

#### LES GETS - SCHEDULE

Tuesday 05/09/23	11:00 - 14:00	DHI	Track Closed - TV Inspection
Wednesday 06/09/23	08:00 - 08:30	DHI	Rider Confirmation - UCI Elite MTB DHI Teams
	08:30 - 09:30	DHI	Rider Confirmation - UCI MTB DHI Teams
	09:00 - 11:00	DHI	Track Closed - UCI Inspection
	09:30 - 09:45	DHI	Rider Confirmation - DHI National Federations
	09:45 - 11:45	DHI	Rider Confirmation - All DHI Riders (Final Confirmation DHI Jun)
	10:00 - 11:00	DHI	Foot Inspection Elite Teams
	10:00 - 13:00	XCO	Track Closed - TV Inspection
	11:00 - 13:00	DHI	Foot Inspection All Riders
	12:00 - 14:00	XCO	Track Closed - UCI Inspection
	12:15 - 12:45		Rider Confirmation - UCI Elite MTB XCO Teams
	12:45 - 13:45		Rider Confirmation - UCI MTB XCO Teams
	13:45 - 14:00		Rider Confirmation - XCO National Federations
	14:00 - 16:30		Rider Confirmation - All Riders (Final confirmation DHI)
	14:00 - 15:00	DHI	Training - Women Junior
	15:00 - 16:00	DHI	Training - All Juniors
	16:00 - 17:00	DHI	Training - Men Junior
	18:00		Press Conference
	18:30		Meeting w/ LOC UCI WBDS
hursday 07/09/23	08:30 - 11:00		Rider confirmation - All riders (Final confirmation XCC U23)
	08:30 - 10:30	DHI	Training - Group B
	09:00 - 11:00		Training - Women only
	11:00 - 13:00	XCO	Training - All riders
	10:30 - 12:30	DHI	Training - Group A
	13:00 - 15:00	XCO	, , , , , , , ,
	12:30 - 14:00	DHI	Training - Group B (Live Track)
	14:00 - 15:30	DHI	Training - Group A (Live Track)
	15:45 - 16:00	DHI	RACE: World Cup - Qualification Women Junior
	16:00 - 17:00	DHI	RACE: World Cup - Qualification Men Junior
	16:00 - 17:00	XCC	Training - U23 only
	17:30	XCC	RACE: World Cup Cross-Country Short Track - Women U23 Followed by the awards ceremony
	18:15	xcc	RACE: World Cup Cross-Country Short Track - Men U23 Followed by the awards ceremony
	19:00		Meeting w/ LOC UCI WBDS
riday 08/09/23	08:30 - 09:00		Final Rider Confirmation - All Riders
	08:30 - 10:30	DHI	Training - Group B
	09:00 - 11:00	xco	
	11:00 - 13:00	хсо	
	10:30 - 12:30	DHI	Training - Group A
	12:45	DHI	RACE: World Cup - Final Women Junior
	13:15		RACE: World Cup - Final Men Junior
	14:00		RACE: World Cup - Qualification Women
	14:40		RACE: World Cup - Qualification Men
	16:45 - 17:45	XCC	Training - Elite only
	18:15	XCC	RACE: World Cup Cross-Country Short Track - Women
			Followed by the awards ceremony
	19:00	xcc	RACE: World Cup Cross-Country Short Track - Men Followed by the awards ceremony including DHI Junior Men & Women
	19:00		Meeting w/ LOC UCI WBDS
aturday 09/09/23	08:30 - 09:30	DHI	Training - Qualified Women
	09:00 - 10:00	XCO	Training - Women only
	09:30 - 10:30	DHI	Training - Qualified Men
	10:00 - 11:00	xco	
	10:45	DHI	RACE: World Cup - Semi Final Women
	11:00 - 12:00		Training - Men only
	11:20		RACE: World Cup - Semi Final Men
	13:00		RACE: World Cup - Final Women
	14:00	DHI	RACE: World Cup - Final Men
		D.I.I	Followed by the awards ceremony (1. Women 2. Men 3. Team Overall)
	17:00		Meeting w/ LOC UCI WBDS
Sunday 10/09/23	9:00	хсо	Followed by the awards ceremony
	11:00	хсо	Followed by the awards ceremony
	13:00		RACE: World Cup Cross-Country Olympic - Women Followed by the awards ceremony including Team Overall
	15:30	xco	RACE: World Cup Cross-Country Olympic - Men Followed by the awards ceremony including Team Overall



\*Schedule is subject to change

## 2. EVENT NOTICES | return to menu

## **EVENT COMMUNICATIONS**

We will email out any major updates to al UCI Elite Teams, UCI Teams and National Federations electronically.

Athlete Whatsapp groups will be available to join and athletes can subscribe to the email distribution list HERE.

## 3. CONTACTS | return to menu

## SERIES and LOCAL ORGANISER CONTACTS

Race Director: David Moreau Director of Sport for Gravity: Ruaridh Cunningham <u>ruaridh.cunningham@wbd.com</u> Registration and Teams/Racers: Kerry and Beth <u>sportsservices@eso-sports.com</u> Team Contacts / Account Manager: Bex Reilly <u>teams@eso-sports.com</u> Media Inquiries / Accreditation: Kate Ball <u>kate.ball@wbd.com</u> Paddock Areas: Gerald Chardonnet <u>worldcup@lesgets.com</u>

## WEBSITES and SOCIALS

Website: <u>www.ucimtbworldseries.com</u> Instagram: <u>@uci\_mtbworldseries</u> Twitter: <u>@MTBworldseries</u> Facebook: <u>UCI Mountain Bike World Series</u> Youtube: <u>@uci\_mtbworldseries</u>



#### UCI MOUNTAIN BIKE WORLD SERIES

4. MAPS | return to menu **LOCATION** Les Gets, France (Google Maps) VENUE MAP fΠ MORZINE GOLF UCI MOUNTAIN BIKE VV/ ר PISTES xco/xcc CHATEL CHATEL LES GETS E-AVORIAZ LE Département - ZONE ÉQUIPES SCÈNE ANIMATIONS Entertainment stage ZONE PIETONNE Pedestrian area ZONE PARTENAIRES ķ PARKING ET STATIONNEMENT VOITURES **ZONE EXPOSANTS** Exhibitors area Car park Camping-car park TÉLÉCABINE DU MT-CHÉRY « Mt-Chery » cable car PARKING PMR Disabled parking TÉLÉSIÈGE DES CHAVANNES « Chavannes » chair lift ROUTE FERMÉE À LA CIRCULATION Road closed to traffic OFFICE DE TOURISM ARRÊT PETIT-TRAIN Little train stop 14 VIP ESPACE VIP INFORMATIONS PARKING VIP POSTES DE SECOURS
First aid station 5 TEST SHIMANO Shimano test area HISSAN NISSAN H-TANINGES



## COURSE MAP - UCI DOWNHILL WORLD CUP (DHI)



#### **Course Overview**

Length: 2.4km Start: Grande Ourse Finish: Mont Chery, Les Gets Descent: 614m

#### Cable Car: Mont Chery & Grande Ourse

WARM UP: TBC

**Toilets: TBC** 

## 5. ENTRIES | return to menu

## EVENT ENTRY STRUCTURE OVERVIEW



## **RIDER REGISTRATION**

All registrations for UCI Downhill World Cup categories can only be made by a UCI Elite MTB Team, UCI MTB Team or a National Federation with the UCI.

## UCI Registration Dates - 12:00 CET 24/08/2023 - 12:00 CET 04/09/2023

Qualification criteria can be found here.

Team managers or Individual Riders\_must register their account on <u>www.ucimtbworldseries.com</u> to process payments (payments not required for UCI Elite Teams) prior to rider confirmation.

## More information on How to Enter can be found <u>HERE</u>.

## RACE LICENSES

All riders must hold a valid UCI licence issued by their National Federation.

## **INSURANCE**

Personal insurance coverage is not provided by the ESO/Organisers.

Racers are responsible for securing their own accident, rescue, health, travel, property and liability insurance. Racers should have the following insurance coverage:

- Bodily injury (in and out-patient hospital expenses and medical care, emergency rescue and medical transport costs, permanent disablement, death) and material damages (loss of earnings) in case of accident in the course of the Event or during training
- Third-party liability insurance for material damage or bodily injury caused to others in the course of the Event or during training.

## **DISCLAIMER / LIABILITY RELEASE**

Racers voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.

## ENTRY FEES

UCI Elite Downhill World Cup: €150

UCI Junior Downhill World Cup: €80

Entries include all taxes and processing fees.

Entries will be processed through the centralised UCI MTB World Series entry system in EUROS (€) and to be paid prior to rider confirmation. (Excluding UCI Elite Teams). Therefore every rider must register their rider account on <u>ucimtbworldseries.com</u> and ensure their entry is processed directly with UCI via National Federations or UCI teams using Reg Online.

## **RIDER CONFIRMATION AND PLATE COLLECTION**

LOCATION - - Salle de la Colombière, 2813 Route des Grandes Alpes, 74260 LES GETS (What3Words)

Managers/coaches/parents can collect packages on behalf of racers, providing;

- The riders license is presented
- Parental Authorisation (If applicable)

World Cup DHI Individual riders not competing for a UCI Team or National Federation will be able to pay for their entry prior to rider confirmation on their UCI MTB World Series rider account, please bring with you your proof of payment to access the priority lane.

## HOURS (subject to change)

## Wednesday 6th September

08:00 - 08:30 - Rider Confirmation for UCI Elite DHI MTB Teams

- 08:30 09:30 Rider Confirmation for UCI DHI MTB Teams
- 09:30 09:45 Rider Confirmation for DHI National Federations
- 09:45 11:45 Rider Confirmation for DHI Riders Only
- 14:00 16:30 Rider Confirmation All Riders (FINAL DHI CONFIRMATION)

Check in Deadline: Riders who have not collected plate / checked in by 16h30 Wednesday will not be included on the Start List. Altering, cutting, or placing of unauthorised stickers or sponsor logos on race plate is not permitted.

## **TEAM ACCREDITATION & SEASON PASSES**

Season passes have now been distributed for the season.

Uplift passes will be provided one per rider. All team staff will be able to access the lifts with your season pass.



## 6. RACE LOGISTICS | return to menu

## **TRAINING**

Training on the course must be made in the stipulated time slots within the schedule.

No bikes are allowed on the course during the on foot downhill course inspection, the foot inspections will take place on Wednesday 6th August at the following times. 10:00 - 11:00 - UCI Elite Teams foot inspection

11:00 - 13:00 - All riders foot inspection

All riders must display their handlebar number during training sessions and wear the required equipment protection of **FULL FACE HELMET, BACK and KNEE PROTECTION and GLOVES** are compulsory.

Riders <u>must</u> complete at least **two** training runs or they will be disqualified from the race.

The course will be <u>closed</u> for TV inspection on Tuesday 5th September 12:00 - 14:00. The course will be <u>closed</u> for UCI inspection on Tuesday 5th September 14:00 - 16:00.

## **TIMING**

Timing system: Chronorace

During the qualifying round, all transponders are collected at the finish. Racers must carry their Timing Chips on their bike.

New transponders will be distributed for Semi Finals & Finals.

All riders are responsible for the return of their transponder in the finish area. Any non-returned transponder will be invoiced 100 euros.



## 7. START LISTS & RESULTS | return to menu

## START ORDER

The start order will be in accordance with Chapter XI of the UCI MTB Rules.

#### **Competition**

The top 25 men juniors and top 10 women juniors from the qualifying round qualify for the final.

The top 60 men elite and top 15 women elite from the qualifying round qualify for the semi-final.

The top 30 men elite and top 10 women elite from the semi-finals qualify for the final. If the final cannot take place due to unforeseen circumstances, the last qualifying round to take place, including semi-final as the case may be, determines the final result.

The start area is drawn up according article 4.3.009 and a covered warm-up area must be provided close to the start area for the riders. Details on the start area and the start rails are indicated in the world cup organisers guide

## LIVE TIMING and RESULTS

Race Feed and Live Timing : <u>www.ucimtbworldseries.com</u> / <u>Chronorace</u> Official Results: <u>www.ucimtbworldseries.com/results</u> / <u>Chronorace</u>

## AWARDS

The official ceremony takes place immediately after each race involved, unless specified otherwise.

Riders arriving later than 5 minutes after they finished their race are fined.

The following riders must attend:

- the first five riders in the elite events;
- the leader of the elite UCI World Cup standings after the event in question.
- the first three riders in the juniors events;
- the leader of the juniors UCI World Cup standings after the event in question;
- the team leading the team standings after the event in question (specified in article
- the team of the day.

Bicycles cannot be taken onto the podium. However, an area is provided in front of the podium to display the bicycle of the winner during the official ceremony

The winner and leader of the World Cup standing will be presented with the leaders jersey, the leaders jersey is compulsory to be worn by the World Cup leader at all remaining rounds, unless the World Champion is the leading rider, the World Champion jersey takes precedence.

## PRIZE MONEY

To claim prize money for the Top 10 Junior Women, Junior Men, Elite women and Elite Men, please follow the below process.

The following information should be sent to communication@hautesavoie.fr

- NAME/FIRST NAME

- Race
- Category
- Ranking
- Copy of passport
- IBAN

## 8. RULES | return to menu

## RACE RULES

All UCI MTB DHI World Cups will follow the UCI Rules and Regulations.

Race Director: Coming soon. President of the Commissaires Panel - Nathalie Pronovost Assistant PCP - Jan Schlichenmeier Technical Delegate - Beat Wabel Technical Commissaire - Vittorio Aldani

## FILMING RIGHTS AND REGULATIONS

Only official UCI Teams and partners will be allowed to film at Tier 1 events (subject to the terms of the WBDS Broadcast Rights Agreement). Further rider camera waiver information can be found in the rider rights agreement available on your rider dashboard.

## DOPING CONTROL

All riders entered into the event must comply with all Anti-Doping regulations and procedures if asked to do so. Failure to do so will result in disqualification from that event and further penalisation as deemed appropriate by WBDS. **Testing will be performed in accordance with the UCI regulations.** 

WBDS will follow all ITA rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.

Anti-Doping location: Salle de la Colombière (level -1), 2813 Route des Grandes Alpes, 74260 LES GETS



## 9. TEAMS | return to menu

## **TEAM AREA ACCESS**

Contact onsite - MATHILDE DEPOILY matdepoilly@yahoo.fr +33 (0)6 88 77 74 48

Paddock bookings have now closed.

Arrival - Coming Soon.

When you arrive in the village of Les Gets, you MUST PASS BY the "Welcome Teams" hut (<u>What 3</u> <u>Words</u>) at the entrance to Les Gets coming from Taninges. Someone there will tell you where you are in the village.

Be careful to respect the markings on the spot, as space is very limited here.

## PARKING FOR PRIVATE CARS OF TEAM MEMBERS AND RIDERS

A car park for any additional vehicles is located next to the Gibannaz paddock area (car park P11-<u>What 3 Words</u>) next to the Heras gates. No vehicle will be allowed to stay in the paddocks if they have not been foreseen on the map sent with your registration.

## TEAM DE-RIG

Please be mindful not to derig your paddock the allocated time

DH Paddock : no departure before Sunday 4:30 PM

Those seeing doing so will receive €1000. Failure to pay will result in your entry to future events being denied.



## 10. VENUE LOGISTICS | return to menu

#### TRAVEL / TRANSPORTATION INTERNATIONAL AIRPORTS

GENEVA AIRPORT Distance : 55 km from Les Gets

LYON SAINT EXUPERY AIRPORT Distance : 170 km from Les Gets

ANNECY AIRPORT Distance : 82 km from Les Gets

## By public transport :

Via Thonon

- Geneva Cointrin Airport > Geneva Cornavin train station (5 trains per hour)

- At Cornavin station, take Line T71 or the Léman Express (see timetables) to Thonon.
- In Thonon, take Line Y91 to Les Gets.

Information on the bus connection from Thonon : SAT Leman

Via Cluses :

- Geneva Cointrin Airport > Geneva Cornavin train station (5 trains per hour)
- At Cornavin station, take the Léman Express (see timetables) to Cluses.
- In Cluses, take line Y92 to Les Gets.
- Information on the bus connection from Cluses : https://jacquet-autocars.com/lignes-regulieres/

## **Closest train stations**

Cluses : 22 km Geneva : 50 km SNCF : www.voyages-sncf.com You can also check https://www.thetrainline.com/fr

## By Car

From Geneva: 63 km (34 km on motorway) Time : 01h00 From Annecy: 82 km (50 km on motorway) Time : 01h10

Real-time traffic information on the motorway: https://www.atmb.com/fr/info-trafic Real-time traffic information on the provincial roads: https://www.inforoute74.fr

## VEHICLE HIRE

Car hire is available at most international airports with a variety of providers. For your information the following links will be of use. <u>www.booking.com</u> / <u>www.expedia.com</u>

## ACCOMMODATION

For accommodation in the local area the following links will be of use. www.airbnb.com / www.booking.com / LES GETS



#### **UCI** MOUNTAIN BIKE WORLD SERIES

#### **CAMPING**

Camping in Les Gets HERE

## **PARKING**

For a list of car parks in Les Gets and information, please click HERE.

## <u>TOILETS</u>

Toilets will be available within the Team Paddocks and main arena.

#### **SHOWERS**

Non available.

#### WATER & WASTE MANAGEMENT

Please use the bins available. No water is to be disposed of in the village and team paddocks.

## WI-FI & NETWORK

Free wifi will be available.

## **POWER**

Available by request only with paddock booking by the relevant deadline.

## **SECURITY**

Security will be available from Monday 4th to Sunday 10th September between the hours of 19:00 - 07:00.

Please do not leave bikes or equipment unattended at any time. Although surveillance will be in place individuals are responsible for their personal property at all times.

## **BIKE SHOPS**

A select list of bike shops in Les Gets and the surrounding area can be found HERE.

## **GROCERY SHOPS**

A list of local grocery stores can be found HERE.

## **BIKE WASH**

There will be 2 bike washes located close to the finish areas.

## **BANK MACHINES**

Local ATM's can be found HERE.

## **OTHER RIDING OPTIONS**

For information on local riding please click <u>HERE</u>.

## ACTIVITIES FOR NON-RACING PARTNERS and PLACES OF INTEREST

A list of summer activities in the local area can be found <u>HERE</u>.

## **EVENT MERCHANDISE**

Coming soon.

## SPECTATOR TICKETS

Coming soon.

## 11. MEDICAL | return to menu

## EMERGENCY RESPONSE

A medical team will be in attendance during all official practice and competition times. The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the **event medical centre located in** 

Medical centre of les Gets : 138 Rue de la Forge, 74260 Les Gets

Or Medical centre of the event : les Petites Montagny 38 Rue du Vieux Village, 74260 Les Gets

## **Emergency Notification NUMBER and Services (Police, Fire, Ambulance):**

Emergency Dispatch Number: TBC Police: 17 Fire: 18 Ambulance: 15

## **NEAREST CLINIC / HOSPITAL**

The closest Hospital can be found in Annecy or Geneva.

## MASSAGE AND PHYSIOTHERAPY

For local physiotherapy service, please visit the following link. https://www.sourcesduchery.com/

## MEDICAL AND CONCUSSION PROTOCOL

WBD & the UCI are committed to improving rider safety & ensuring that athletes taking part in our events receive the highest standard of medical care possible. One area where we want to ensure consistency across all MTB disciplines at our events is the identification of potential rider head injury / concussion events & the subsequent assessment & medical diagnosis of concussions where necessary.

The UCI have a <u>concussion protocol</u> & we will, in conjunction with the LOC appointed medical team, be applying this protocol across all disciplines during training & races.

Any rider who has an incident which could result in a head injury / concussion & is then asked to undergo a concussion assessment by a member of the event medic team must comply with this request. Likewise, any rider or team manager who suspects a concussion should refer themselves or their athlete to the event medical team as soon as possible. A positive diagnosis of concussion by a medical professional may result in that athlete being withdrawn from competition.

For full details of the UCI concussion protocol, the assessment process & the return to play process please follow this <u>link</u>.







# **SEE YOU AT THE RACES!**

For any queries please contact us at sportsservices@eso-sports.com

